

amrityōga  
i n s t i t u t e

# Yoga Nidra Professional Training

*Including yogic philosophy, science, instruction and practice of techniques, benefits and applications of yoga nidra for awakening, healing, stress and therapeutic applications including insomnia, depression, anxiety, addiction and trauma.*

*This certificate is awarded to*

## MMag. Florian Bauer

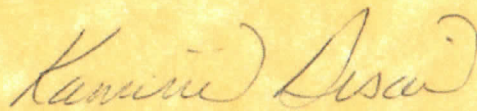
*Upon successful completion of the Integrative Amrit Method of Yoga Nidra Professional Training  
75 Curriculum Hours in Compliance with Yoga Alliance Standards*

*This certificate is awarded on*

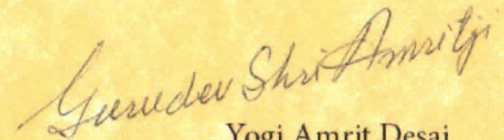
*June 26, 2016 Salzburg, Austria*

*In bestowing this certificate of graduation, the Amrit Yoga Institute honors your skill, devotion and dedication  
to embody and share these teachings.*

*"The teachings are much more than a profession. Teaching is a transmission of your direct experience. You are  
an emissary of light, spreading love, compassion and consciousness everywhere  
you go, in everything you do, and to everyone you encounter on your path."*



Yogeshwari Kamini Desai, PhD



Yogi Amrit Desai